



## PANCAKES & FRENCH TOAST

### **BLUEBERRY LEMON RICOTTA PANCAKES**

Short (2) 6.25 / Full (3) 9.95

### **'TELLA FELLA PANCAKES**

Chocolate chip pancakes topped with Nutella®, peanut butter, and fresh sliced bananas.

Short (2) 6.95 / Full (3) 10.95

### **STRAWBERRY DREAM FRENCH TOAST**

Traditional French toast topped with strawberry cream cheese, fresh sliced strawberries and house made strawberry sauce. Short 6.25 / Full 9.95

### **✓ COCONUT BANANA FRENCH TOAST**

Short 6.25 / Full 9.95

### **TRADITIONAL FRENCH TOAST**

Short 4.95 / Full 7.95

### **BANANAS FOSTER FRENCH TOAST**

Traditional French toast with hot butter rum sauce and sliced bananas. 10.95

### **BELGIAN WAFFLE**

6.95

### **\*SWEET ADD-ONS 1.00 each**

*Sliced Strawberries - Sliced Banana - Blueberries*

*Chocolate Chips - Peanut Butter - Nutella*

**ADD ¼ CUP OF REAL MAPLE SYRUP 1.50**

## OMELETS

### **SERVED W/ BREAKFAST POTATOES AND TOAST**

(White, Wheat, Marble Rye, \*English muffin +0.50)

### **EGG WHITES ADD 1.25**

### **NO MODIFICATIONS ON SPECIALTY OMELETS**

#### **MAMA'S**

Spinach, tomato, mushrooms, and provolone cheese. 9.95

#### **DADDY'S**

Sausage, bacon, ham, and cheddar jack cheese. 10.50

#### **RODEO**

Chorizo, tomato, onions, pepper jack cheese topped with sour cream and cilantro. 10.50

### **BUILD YOUR OWN OMELET 6.75**

#### **ADD CHEESE 1.00 EACH**

American \* Swiss \* Provolone \* Cheddar Jack \*

Smoked Gouda \* Pepper Jack \* Feta \*

Fresh Mozzarella 1.50 \* Goat Cheese 1.50

#### **ADD VEGGIE 0.75 EACH**

Onions \* Mushrooms \* Tomatoes \* Spinach \*

Bell Peppers \* Black Beans \* Asparagus \*

Roasted Red Peppers \* Jalapenos

#### **ADD MEAT 1.25 EACH**

Ham \* Bacon \* Sausage \* Turkey Bacon \*

Pulled Pork \* Chorizo

Add Chicken OR Beef Short Rib 2.00

### **\* ADD-ONS \***

ADD A SINGLE PANCAKE TO YOUR OMELET, BREAKFAST SPECIALTY, OR BENEDICT

Buttermilk 2.95

Chocolate Chip Pancake 3.00

'Tella Fella Pancake 4.25

Blueberry Lemon Ricotta 3.75

## SPECIALTIES

### **MONTE CRISTO**

Ham, turkey, Swiss cheese, fried egg, on our traditional French toast drizzled with our house made raspberry chipotle jam. Served with breakfast potatoes. 11.95

### **HUEVOS RANCHEROS**

Fried tortillas, refried beans, pulled pork, breakfast potatoes, bell peppers, onions, two sunny-side-up eggs, guacamole, sour cream, and ranchero sauce. 11.95  
(Sub Chicken, Chorizo OR Beef Short Rib Add 1.00)

### **RANCHERO SHORT RIB HASH**

Beef short rib, onions, peppers, and breakfast potatoes topped with our house-made ranchero sauce, cheddar jack cheese, two eggs any style and toast. 11.95

### **COUNTRY FRIED CHICKEN**

Fried boneless chicken breast with country gravy and two eggs any style. Served with breakfast potatoes with onions and choice of toast. 11.95

### **CHICK'N WAFFLES**

Fried boneless chicken breast with country gravy paired with a Belgian waffle. 10.95

### **BREAKFAST TACOS (3)**

Spanish chorizo, scrambled eggs, tater tots, and cheddar jack cheese topped with pico and sour cream in flour tortillas. 10.95

### **GABE'S BREAKFAST MELT**

Grilled sourdough bread with two hard fried eggs, bacon, tomato, spinach, melted Swiss and cheddar jack cheese, and garlic aioli.  
Served with breakfast potatoes. 9.95

### **FARM SCRAMBLE**

Scrambled eggs with onions, roasted red peppers, mushrooms, asparagus, and breakfast potatoes topped with smoked Gouda cheese. 9.95

### **SCALLION PANCAKE**

Flat Asian pastry with scallions and a thin layer of egg.  
Half 5.95 / Full 9.50

### **✓ NO HUEVOS RANCHERO**

Fried tortillas, seasoned tofu, breakfast potatoes, onions, black beans, bell peppers, ranchero sauce and guacamole. 10.95  
Vegan Chorizo +2.00

### **✓ TOFU SCRAMBLE**

Seasoned tofu scrambled with spinach, mushrooms, and bell peppers.  
Served with breakfast potatoes and toast. 9.50  
Vegan Chorizo +2.00

### **G145 EGG SANDWICH**

Two eggs, smoked bacon, and American cheese served on a brioche bun w/ side of breakfast potatoes. 8.95

## BENEDICTS

### **SERVED ON ENGLISH MUFFIN WITH A SIDE OF BREAKFAST POTATOES**

#### **TOMATO FLORENTINE**

Two poached eggs with smoked ham, spinach, grilled tomato, caramelized onions and hollandaise sauce. 11.95

#### **BLACKSTONE**

Balsamic grilled tomato, smoked bacon, poached eggs, on English muffin topped with hollandaise sauce and crumbled bacon. Served with breakfast potatoes. 10.95

#### **CLASSIC**

Two poached eggs with smoked ham and hollandaise sauce. 9.95

## \* ADD-ONS \*

ADD A SINGLE PANCAKE TO YOUR OMELET, BREAKFAST SPECIALTY, OR BENEDICT

Buttermilk 2.95  
Chocolate Chip Pancake 3.00  
'Tella Fella Pancake 4.25  
Blueberry Lemon Ricotta 3.75

## LUNCH SPECIALTIES

### **SERVED WITH POTATO CHIPS**

#### **ADD ONE SIDE FOR 1.00**

(Coleslaw, Mac-n-cheese, House Fries,  
Bacon Mac-n-cheese with scallions 1.50)

### **FISH TACOS**

Flour tortillas with crispy cod, Pico de Gallo,  
yogurt lime sauce, and coleslaw.  
Served with tortilla chips. 11.95

### **SHRIMP TACOS**

Grilled shrimp, cabbage, roasted corn, Pico de Gallo, and creamy cilantro lime sauce.  
Served with tortilla chips and Pico. 12.95

### **CHICKEN MILAN SANDWICH**

Grilled balsamic chicken breast with fresh mozzarella cheese, roasted red peppers, red onions, arugula,  
and garlic aioli on toasted ciabatta. 10.95

### **G145 CHICKEN CLUB**

Grilled chicken breast, fried egg, guacamole, smoked bacon, lettuce, tomato, and mayo on toasted ciabatta. 10.95

### **CRISPY CHICKEN SANDWICH**

Crispy chicken breast with cheddar jack cheese, smoked bacon, chipotle mayo, lettuce, tomato, and onion. 10.95

### **CUBANO**

Mojo pork, smoked ham, garlic aioli, mustard, pickles, and Swiss cheese on pressed ciabatta. 10.95

**GLUTEN FREE BUN/BREAD AVAILABLE UPON REQUEST AT ADDITIONAL CHARGE**

## BURGERS

### **ALL BURGERS INCLUDES LETTUCE, TOMATO, ONION AND HOUSE FRIES**

#### **THE G BURGER**

Caramelized onions, candied bacon, cheddar cheese  
and garlic aioli. 12.50

#### **THE BOOMER**

Smoked bacon, fried egg, cheddar jack cheese  
and chipotle mayo. 11.95

#### **BACKYARD BURGER**

With smoked bacon, chipotle BBQ sauce,  
and cheddar jack cheese. 11.95

#### **BUILD YOUR OWN BURGER 9.95**

##### **ADD CHEESE 1.00 EACH**

(American, Swiss, Provolone, Cheddar Jack,  
Smoked Gouda, Pepper Jack)

##### **ADD EGG 1.25 EACH**

##### **ADD BACON 2.00**

##### **ADD MUSHROOMS 1.00**

## SALADS

#### **CHICKEN COBB**

Iceberg, spinach, bacon, hard-boiled egg, tomato, red onions, and bleu cheese crumbles with balsamic dressing. 11.95

#### **SPINACH**

With bacon, mushrooms, red onion, and hard-boiled egg with mustard vinaigrette. 9.95  
Chicken +3.00

#### **ROASTED BEET**

Mixed greens, goat cheese, pine nuts,  
and balsamic dressing. 9.95  
Chicken +3.00

## SIDES

**SMOKED BACON** 3.25

**SAUSAGE LINKS** 3.25

**SMOKED HAM** 3.25

**TURKEY BACON** 3.25

**BREAKFAST POTATOES** 2.95

**CHEESY JALAPENO GRITS** 2.95

**¼ CUP OF REAL MAPLE SYRUP** 1.50

**GRIDDLE 145 HOUSE FRIES** 4.50

Tossed in a blend of salt, pepper, garlic, and scallions

**PIEROGIS** 5.50

Fried or Sautéed with onions

**LOADED TATER TOTS** 5.95

With cheddar jack cheese, bacon, sour cream, and scallions

**MAC-N-CHEESE** 3.75

**BACON MAC-N-CHEESE WITH SCALLIONS** 4.50

**SIDE OF TOAST** 1.45

White, Wheat, Marble Rye, \*English muffin +0.50

## BEVERAGES



**ORGANIC FRESH GROUND COFFEE** 2.50

**NITRO "PUNCH IN THE FACE"**

**COLD BREW COFFEE** 4.00

**ASSORTED ORGANIC HOT TEA** 2.50

Assam (Black Tea) - Mountain High Chai  
Peppermint (caffeine free) - Chamomile (caffeine free)  
Tropical Green

Each additional tea bag 1.00

**ICED LATTE** 4.65

Almond milk or Whole Milk

**STRAWBERRY BASIL SMOOTHIE** 5.95

w/ Almond Milk

**ASSORTED JUICES** 3.25

Fresh OJ - Apple - Cranberry - Grapefruit,  
Pineapple - Tomato

**MILK or CHOCOLATE MILK** 2.50

**ALMOND MILK** 2.75

**BOTTLED WATER** 1.50

**A-TREAT CANE SUGAR SODA BOTTLES** 2.25

Birch Beer - Cream Soda - Black Cherry

**HOT CHOCOLATE** 2.50

**ICED COFFEE** 2.50

**BREWED UNSWEETENED ICED TEA** 2.50